

多面体住宅 Poliedro I House

探访指数：3.8 / 5.0 | 一座只应从公共边界阅读的光影多面体

空间故事

- **从街区读完整体：** 先从帕雷德紧凑的住宅街区理解建筑尺度。暖色实体体量延续周边住宅的基本轮廓，而被削去的转角让入口、阳台和采光庭院从完整外壳中显露。
- **沿首层寻找开放面：** 从公共道路只能观察外部，不应接近私人入口。借助平面图比较临街的克制开口与朝花园展开的连续玻璃，理解住宅如何把最开放的一面留给家庭内部。
- **把转角当作空间：** 建筑最关键的动作不是增加构件，而是削去角部。楼梯、庭院和露台占据这些缺口，光线沿倾斜视线进入室内，使原型小屋变成具有多个方向的多面体。
- **比较三种材料：** 暖色石灰抹灰构成连续外壳，Kâmbala 木标记门窗和室内触碰面，Trigaches 石材稳定地面。观察三者 in 阴影中的深浅差异，比只看造型更能理解项目的精确感。

旅人行囊

- **最佳体验：** 选择晴天上午或傍晚沿公共街道观察，低角度光线最能显出削角、窗洞深度和抹灰质感。住宅为私人财产，体验应止于合法公共界面。
- **审美练习：** 用手绘或相机记录完整山墙与被削角后的轮廓，比较实体比例如何因一个缺口而改变，再对应平面图寻找缺口背后的楼梯或庭院。

- **拍照建议：** 使用中焦段避免侵入私人边界，让相邻建筑进入画面以说明密度。独自旅行可在公共人行道安全位置使用小型脚架，人物保持在画面边缘，不遮挡住宅轮廓。
- **顺道探索：** 可把帕雷德安排进里斯本至卡斯凯什的海岸铁路行程，并在卡斯凯什参观 Eduardo Souto de Moura 设计的 Casa das Histórias Paula Rego，比较两种葡萄牙当代建筑对体量与色彩的处理。

交通与住宿建议

- **抵达：** 从里斯本 Cais do Sodré 可乘葡萄牙铁路 Cascais Line 前往 Parede。列车时刻可能调整，出发前应以 CP 官方信息为准；项目没有公开可供建筑参观的详细地址。
- **本地移动：** 帕雷德适合与卡斯凯什海岸公共空间组合为一日线路。以车站和公共街道为移动边界，不应根据照片寻找未公开的私人住宅入口。
- **入场节奏：** Poliedro I House 是私人住宅，不设门票、开放时间或常规预约。除非得到业主或事务所明确书面许可，否则只应研究公开照片、图纸与合法公共视角。
- **停留位置：** 若以建筑和海岸为主题，可住在里斯本市区并利用铁路往返，或选择卡斯凯什作为较慢节奏的海岸基地；住宿选择不构成进入住宅的许可。

探访建议： 把项目作为里斯本海岸铁路沿线的一次建筑观察，而不是可进入的目的地。先用街区尺度理解它的克制，再借公开平面与剖面把削角、楼梯和庭院复原到脑海中；尊重私人边界本身也是建筑旅行的一部分。

Poliedro I House

Visit Index: 3.8 / 5.0 | A light-cut polyhedron read only from public boundaries

Spatial Story

- **Read the whole form from the street:** Begin with the scale of Parede' s compact residential fabric. The warm solid volume follows the basic outline of neighbouring houses, while carved corners reveal entrance, terrace and raised patios within the shell.
- **Find the open side through the plan:** Only the exterior should be studied from public space. Compare restrained street openings with the glazing toward the private garden to understand how openness is reserved for family life.
- **Treat every corner as space:** The key operation is subtraction rather than addition. Stair, patio and terrace occupy the cuts, drawing light into the interior and turning an archetypal house into a directional polyhedron.
- **Compare three materials:** Pigmented lime render forms the continuous shell, Kâmbala timber marks openings and touch surfaces, and Trigaches limestone grounds the floors. Their changing depth in shadow explains the project' s precision.

Traveler's Toolkit

- **Best Experience:** Visit the surrounding public streets in clear morning or late-afternoon light, when reveals, cuts and render

texture are most legible. The experience must remain outside the private property.

- **Aesthetic Exercise:** Sketch or photograph the intact gable and then a carved corner. Compare how one subtraction changes the perceived mass, then use the plans to identify the stair or patio behind it.
- **Photography Advice:** Use a moderate focal length and include neighbouring houses to explain density. For a solo portrait, work only from a safe public pavement with a compact tripod and keep the figure at the edge of the frame.
- **Nearby Route:** Place Parede within the Lisbon-Cascais rail corridor and continue to Casa das Histórias Paula Rego by Eduardo Souto de Moura in Cascais, comparing two approaches to Portuguese mass and colour.

Getting There & Where to Stay

- **Arrival:** CP's Cascais Line connects Lisbon Cais do Sodré with Parede. Check the current CP timetable before travel; no project address has been published for architectural visits.
- **Local Movement:** Combine Parede with public coastal spaces and Cascais. Use the station and public streets as the access boundary rather than searching for a private entrance from photographs.

- **Visit Rhythm:** Poliedro I House is a private residence with no tickets, opening hours or regular appointments. Enter only with explicit written permission from the owner or architect.
- **Where to Stay:** Lisbon provides an easy rail base, while Cascais supports a slower coastal itinerary. Accommodation never implies access to the house.

Visit Advice: Treat the house as an architectural observation along the Lisbon coast rather than an interior destination. Read its restraint at neighbourhood scale, then reconstruct the cuts, stair and patios through published drawings. Respecting the private boundary is part of responsible architectural travel.