

旅游探访指数 - Tremolare 意式餐厅

总分：4.0/5.0 (藏身于东京西麻布地下的粗粝洞窟)

1. 隐秘的地下沉浸感: 这是一间位于日本东京西麻布一栋建筑地下层的意式餐厅，面积约一百零四平方米。如果你想造访这里，需要沿着街道旁的楼梯拾级而下，仿佛逐渐褪去繁华都市的喧嚣，踏入另一个充满戏剧性与沉浸感的原始地下世界。

2. 毫不掩饰的结构力量: 日本本土的建筑团队并没有刻意遮掩地下空间粗糙的结构肌理。外露的混凝土、厚重的石材与如同采石场般的锯齿状几何形态相互咬合，构成了一片极具张力的天花景观。设计者坦然接纳了这份如同洞穴般的原始厚重感，让人感受到空间最赤裸的本质力量。

3. 轻重交织的剧场氛围: 在极其粗粝的背景之下，由非洲柚木手工打造的宽大吧台与家具引入了温暖的触感。天然木材的细腻纹理与头顶混凝土的沉重体量形成了鲜明的对比。坐在开放式厨房前，你可以近距离观赏厨师的烹饪表演；而如果选择包厢，弧形的天花与圆润的墙面则会为你提供一种极具包裹感的庇护氛围与用餐仪式感。

探访指南

- **最佳方式:** 强烈推荐你预订吧台的座位。在这里，你可以一边品尝精致的意大利料理，一边感受厨师的烹饪活力，同时抬头

欣赏头顶那片新旧交织、充满力量感的空间雕塑。

- **看点:** 仔细观察餐厅里原始材料与精湛工艺的碰撞。看曾在传统木工坊习艺的建筑师，是如何运用他在木构技法和空间比例上的深厚积淀，在粗糙的混凝土骨架中，用温润的柚木家具精准构建出轻与重之间绝妙张力的。
- **项目周边顺带探访推荐:** 既然你来到了东京的西麻布区域，在结束了这场独特的地下洞穴晚宴后，极力推荐你去附近的六本木新城或东京中城漫步。你可以顺道参观那里的森美术馆或三得利美术馆，感受东京最前沿的当代艺术氛围，这与地下餐厅的原始粗粝将形成非常奇妙的感官反差。

一句话总结: 它用毫不掩饰的粗粝混凝土与温润的非洲柚木，在东京西麻布的地下空间里，雕刻出了一处兼具原始洞窟感与剧场仪式感的意式餐饮空间。

Travel & Visit Index - Tremolare Restaurant

Total Score: 4.0/5.0 (A Rugged Cave Hidden Underground in Nishiazabu, Tokyo)

1. Secret Underground Immersion: This is an Italian restaurant located in the basement of a building in Nishiazabu, Tokyo, Japan, with an area of approximately 104 square meters. To visit, you need to descend the stairs next to

the street, as if gradually shedding the noise of the bustling city and stepping into another dramatic and immersive primitive underground world.

2. Unabashed Structural Power: The local Japanese architectural team did not deliberately hide the rough structural texture of the underground space. Exposed concrete, heavy stone, and jagged geometric shapes reminiscent of a quarry interlock to form a high-tension ceiling landscape. The designer frankly embraced this cave-like primitive heaviness, allowing people to feel the most naked essential power of the space.

3. Interplay of Light and Heavy Theater Atmosphere: Against the extremely rugged backdrop, a large bar and furniture handcrafted from African teak introduce a warm touch. The delicate grain of natural wood forms a sharp contrast with the heavy volume of the concrete overhead. Sitting in front of the open kitchen, you can watch the chef's culinary performance up close; if you choose a private room, the curved ceiling and rounded walls provide a protective atmosphere and a sense of dining ritual.

Visitor Guide

- **Best Way to Visit:** It is highly recommended that you book a seat at the bar. Here, you can enjoy exquisite Italian cuisine while feeling the chef's culinary energy, all while looking up at the powerful spatial sculpture overhead where the new and old intertwine.
- **Highlights:** Carefully observe the collision of raw materials and exquisite craftsmanship in the restaurant. See how the architect, who trained in a traditional carpentry workshop, used his deep accumulation of wooden construction techniques and spatial proportions to precisely build the wonderful tension between light and heavy within the rough concrete skeleton using warm teak furniture.
- **Recommended Nearby Visit:** Since you are in the Nishiazabu area of Tokyo, after finishing this unique underground cave dinner, it is highly recommended to take a stroll in nearby Roppongi Hills or Tokyo Midtown. You can visit the Mori Art Museum or the Suntory Museum of Art to experience Tokyo's cutting-edge contemporary art atmosphere, which will form a wonderful sensory contrast with the primitive

ruggedness of the underground restaurant.

One-Sentence Summary: Using unabashedly rugged concrete and warm African teak, it carves out an Italian dining space in the basement of Nishiazabu, Tokyo, that possesses both a primitive cave-like feel and a sense of theatrical ritual.